

Overtown Men's Health Study



Community Voices
Miami

Who are they?

DEMOGRAPHIC PROFILE OF MEN IN SAMPLE (N=129)

- 95% African American
- 55% have high school diploma
- 9% have college degrees
- 40% employed
- 53% earn less than \$10K per year

What are their experiences?

“HOUSING ARRANGEMENTS”

- 28% have lived on the streets
- 1 in 4 has lived in a shelter
- Two-thirds have been in jail or prison

PHYSIOLOGICAL HEALTH

- 1 in 5 received dental care in the previous year
- 60% live with bodily pain
- For 29%, hospital ER is primary health care facility
- 47% smoke cigarettes

MENTAL HEALTH

- More than 1 in 4 is a victim of police violence
- 60% report restlessness
- 29% feel worthless
- 60% feel “everything is an effort”
- 55% feel disabled to some degree by their mental health state

What is to be done?

CALL TO ACTION: COMPREHENSIVE APPROACHES REQUIRED

- Pre-release transition support and ex-offender community re-entry services
- Integrated case management, community health workers, “navigators”
- Supported housing
- Supported employment
- Integrated physiological, mental, and oral health services

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